

KWN Community

February 2020
Kenosha Women's
Network

A Monthly Newsletter for members of Kenosha Women's Network

Growing together, Rooted in the Community

A Note from our President

Hello Members,

Let's get to 100 KWN members to commemorate the 100th anniversary of women's suffrage and our 40th anniversary! Lou Molitor, Kenosha Area Chamber of Commerce's President and CEO, reminds Chamber members to participate in events in order to receive the benefits of Chamber membership, and that's true for KWN, too! The Network is a Chamber member, so KWN members can participate in the Chamber's Business After 5s for only \$5. They are a blast, and at a recent one, FOUR women approached Roseann Shales and me to find out more about KWN, so 100 women in 2020 is surely doable!



This is our year! We'd also love to have a great showing at the Susan B. Anthony - Women of Influence Awards Dinner where one of our own, Laura Cox, will be honored as the Woman to Watch Under 40! The dinner is the PREMIER event honoring Kenosha County women, and you don't want to miss it! KWN, AAUW - Kenosha Branch, and Tempo Kenosha are the organizing bodies for the dinner, which is also sponsored by the Kenosha Community Foundation's Women's Fund and Southeast Wisconsin Labor Times. The dinner is Friday, March 6, and is sure to sell out, so reserve your seat soon.

Lastly, RSVP now for the February luncheon because this meeting is gonna be AWESOME! Angela Cunningham, an attorney and activist from Kenosha, is the Democratic candidate for Wisconsin's First Congressional District, and she's going to be our speaker! How cool is that?! We don't often get to hear from a candidate for a federal position, so don't pass up this opportunity!

YOU get to decide how much or little you participate in KWN's three pillars of schmoozing (networking), socializing (socializing), and serving (philanthropy)! We're glad you're a member!

Guida

Renewing your KWN Membership

If you haven't renewed your membership yet, the form is available on the web site. Turn in your renewal as soon as possible so you will be included in the 2020 on-line Member Directory.

Join us for the next Maven Monday!

In February, we will be at the studio of Shannon Z Photography, located at 6826 54th Ave, Kenosha.

This casual event is open to members and non-members alike and there is no need to register. Just turn up and have fun! Bring a friend!!



Wise Women Read

KWN's book club will meet on February 4th at Common Grounds from 6-8pm This month's book is: "My Life on the Road" by Gloria Steinem. Come, even if you didn't read the book; help us pick the next read!

The February meeting will be held at:

Ashling on the Lough
125 56th St, Kenosha, on
Friday, February 14, 2020
11:30AM to 1:00PM.

Please RSVP to:

rsvp@kenoshawomensnetwork.org

by Tuesday February 11, with
your choice of meal. January
choices are:

O'Connell Street salad with or
without chicken

Or

Irish Grilled Cheese with bacon

The cost of lunch remains \$15.00

Look for on-line lunch registration and payment, coming soon to the KWN web site! Thank you to Dianne Bruneel for your work in setting this up! We'll let you know when it goes live!!

Our Mission:

To promote and encourage the professional and personal growth of our members in a supportive environment, where women's efforts are recognized and encouraged.

KWN welcomes

Chris Brumfield- Certified
Coach, Membership
Development Specialist, at
Profile by Sanford

We're glad you're here!!

Board Members and Committee Chairs

President:

Guida Brown
262-914-1820

Vice-President:

Roseann Shales
262-287-8728

Membership:

Amy Vos
262-716-6102
Becky Leffler
262-822-2199

Co-Secretaries:

Alicia Fosbinder
262-634-7108
Laura Cox
262-496-4626

Communications:

Joanna Carlberg
262-358-0411
Dianne Bruneel
817-658-2067

Treasurer:

Katie Hulse
262-657-7744

Events:

Joanne Horner
847-337-2778
Darlene Duncan
262-496-2559

Past President:

Christine King
414-916-5464

The Susan B Anthony-Women of Influence Awards



The 30th Susan B Anthony-Women of Influence Awards will take place on Friday, March 6th, 2020, at Madrigano's Marina Shores, Kenosha. If you've never attended this inspiring event, this is the year! Our own Laura Cox is being honored as the "Woman to Watch under 40"! Other recipients will be: Sharon Pomaville (Business/Government), Patricia Demos (Arts/ Education) and the Lifetime Achievement award goes to Gina Madrigano Friebus, with an additional, posthumous award to Mary Lou Mahone. The lifetime achievement award is given to "a woman who: believes in equity and exemplifies this philosophy; gives of herself that others might learn, grow and succeed; and provides inspiration through leadership" Gina Madrigano-Friebus is "a founder of Tempo Kenosha, is 1st Vice-Chair of the Carthage College Board of Trustees and is the co-chair of Carthage's 150 Years of Carthage Women," said Guida Brown, president of SBA, Award Inc., the non-profit group that organizes the awards, scholarships and grant program. "She has served as a model and inspiration for women in business, from her administrative positions at Jockey and her family's large beer distributorship, where she served as Vice President of Administration for 15 years." This is the second time in the history of the Susan B Anthony-Women of Influence Awards that two Lifetime achievement awards have been presented. Mary-Lou Mahone, who passed away in 1999, was a lifetime advocate for social justice, education, housing and labor in the Kenosha Community.

In addition to the awards, scholarships will be awarded to non-traditional-aged women, with at least an Associate's degree, seeking to pursue higher education, and grants will be made to non-profit organizations in the Kenosha Community. These programs are supported by a raffle, and a silent auction of "Gourmet Delights" on the evening of the event. You can show your support by buying raffle tickets (call Wendy Gauss at 262-960-5283), donating your own "Gourmet Delight" for the auction, buying an ad in the dinner program (email Mary Modder: marymodder@hotmail.com) and, of course, by attending.

Event tickets are now available at: [Eventbrite](https://www.eventbrite.com). Tickets are \$50.00 or \$375.00 for a table of 8. KWN is aiming to fill two or three tables with members. Talk to Roseann Shales to book your spot-seats are going fast! This is always a sold-out event! KWN is one of three sponsors of this event, along with Tempo Kenosha and AAUW-Kenosha.



Here are a couple of pictures from last year: left-the SBA-WOI scholarship winners and right-the 2019 Lifetime achievement winner, Betsy Brown along with 13 previous winners. Photos: Joanna's Digital Images.



Speakers

In February, we will hear from Angela Cunningham, Democratic candidate for Congress in the first District. To learn more about her inspiring story go to her web site: [Angela Cunningham for Congress](https://www.angelaforcongress.com).

In March, we will hear from pediatrician Dr. Diane Gerlach, who will talk about her medical mission trips to Africa with the non-profit, "Aid Africa's Children".

If you would like to be a speaker one month, talk to Vice-president, Roseanne Shales (262-287-8728).



Thank you to our members who donated raffle prizes for the January Raffle.

*Peggy Gallo—Shaklee/Gallo Tax *Alicia Fosbinder—Gordon J Meier & Company *Darlene Duncan—Career Coaches

*Mary Modder—SE WI Labor Times *Kristen Hoffman—Herzing University, Kenosha *Pamela Grubb—Mindful Yoga

*Stephanie Schnell—Platinum Systems *Roseann Shales—CTFO CBD *Cathy Savaglio—Security National Mortgage

Make a donation (valued at \$10 or more) to our monthly raffle and get your name and business mentioned in our monthly newsletter!

Are you looking for a New Years' dare to get out of your comfort zone? Roseann Shales has signed up to shave her head for the 6th time for **St Baldrick's Foundation** to benefit children with childhood cancers. Would you like to join her? "You never really know who you are until you are bald." Ro Shales

There are Multiple ways to help:

#1. Become a Shavee and raise money through your connections online and locally. It takes 8 people to fill the stage - do you dare? You could also opt to cut long hair for Locks of Love to make wigs.

#2. Donate to Roseann to help her meet her goal of \$1881.00. Click [here](#) to donate.

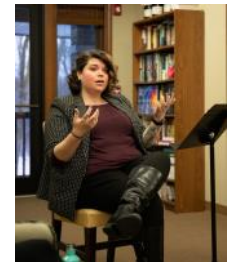
#3. Show up and cheer on the Shavers and Shavees!

The event takes place on March 7th at the Brat Stop, Kenosha.

Acupuncture & Wellness of Wisconsin celebrates 4 years!



Laura Cox celebrated 4 years in business with an open house on January 18th. The weather was less than ideal but the chili was hot and attendees got an intimate presentation on goal-setting, with lots of discussion. The event will be rescheduled for the spring, when the weather is kinder. Stay tuned!



Leadercast Women 2020

The Racine Chamber (RAMAC) and Tempo-Racine are presenting a 3 day series of talks by national and local leaders on February 21, 28 and March 6, 2020. The events will take place at UW Parkside Student Center Cinema from 9am to 11:30am and will include a continental breakfast and free parking. Each day will include 2 different TED talk-like videos as well as local leaders such as UW Parkside Chancellor Deborah Ford and Aleta Norris, co-founder of Living as a Leader and author of the best seller "Women who Spark". Tickets for all three days are available for \$150 or \$65 for one date. Call 262.634.1931 x1 for more information. Tickets can be purchased at [Leadercast women](#).

Yoga for Arthritis & Fibromyalgia

Pamela Grubb, the owner of Mindful Yoga, mentioned this class at the January meeting. This specialized class, for people with Arthritis, Fibromyalgia or other pain and stiffness, will provide personalized and individualized guidance with the adaptation of yoga poses. All poses will be modified using chairs and props to enhanced quality of life. Stimulate the parasympathetic nervous system to calm the mind and reduce stress. Release into relaxation while connecting breath and movement. Learn to prevent muscle loss, improve joint stability and diminish pain and stiffness. End with a guided relaxation. Chairs and modifications are used for those unable to get to the floor. On January 29, February 5 and 12 from 6-7:30pm at her studio on Roosevelt Rd, Kenosha. [Click](#) to register.

Women's Business Lakeside Conference

This will take place at the Ridge Hotel, Lake Geneva, March 9th-10th, 9am to 8pm. Join other women in business to learn from top business leaders, build relationships, get expert support and set up an action plan for growth. Cost: \$ 497-\$597, not including lodging. Payment plan is available. Click [here](#) to learn more.

Finally, if you missed Kenosha Kindness week, Racine Interfaith Coalition is holding their annual Love and Justice Breakfast on February 15th, from 8-10:30am, at the Miracle Center, Racine. Click [here](#) for tickets and more information.

