

## Growing Together, Rooted in the Community

## A Note from our President

Hello, KWN,

How can it be June already? Time for summer, when the living is easy...or not? I feel as though I've spent my whole life chasing the feeling of relief I used to get before I graduated from high school. Now it seems as though summer is three months of playing catch up.



I know, I know...it's time for us to slow down to smell the flowers. And we can do that! Come to lunch each month for a fun time with no pressure! That has to be one of my favorite things about KWN...Even as president, I show up, but not a lot is expected from me...who doesn't love a no-pressure lunch... movie...baseball game?

Which brings me to another favorite thing about KWN...built in friends! A couple weeks ago Wise Women Read, the KWN book club went to the movie...and there seven of us there! Just a spur of the moment decision for seven friends – new and old – to have a fun outing.

Remember, if you're doing it, others may want to, too, so feel free to reach out to me so that I can send an email to all the membership.

In the meantime, buy your Kingfish tickets now to support KWN's mini grant program and have fun with friends!

And, I'll see you at lunch!

#### Guida

#### Our Mission:

To promote and encourage the professional and personal growth of our members in a supportive environment, where women's efforts are recognized and encouraged.

#### June meeting

KWN's June meeting will be held on Friday, June 9th, 2023 at <u>Casa Capri</u> 2129 Birch Rd, Kenosha 11:30am -1:00pm The cost to attend the meeting is \$18 and includes lunch.

Lunch will be a two entrée buffet plus salad and a side.

Click here to buy your ticket.

RSVP by end-of-day on June
6th.

The link is also on the website.

#### We Want to See Your Beautiful Face!

Please be sure to submit a head and shoulders photo for our website Member Gallery to show what an engaged membership we have! If you don't have a photo, ask Joanna Carlberg to take one at the luncheon meeting. She'll make sure you glow! Sign up here: Gallery headshot

#### Help Us Help the Community...and Enjoy a Kingfish Game at the Same Time!

Kenosha Women's Network is going to the ballpark at 6:35 p.m. on Thursday, August 3. We'd love for you to join us! Tickets can be purchased at the June lunch by cash or check for \$15 each or by credit card for \$16 each. To buy tickets online, click here: TICKETS

August 3rd is "First Responders Night," presented by Aurora Health Care, AND you'll also be helping KWN raise funds for the mini grant program with proceeds from the 50/50 raffle.

This is our fourth year going out to the ballgame, and it's a fun time for all, so mark your calendar now, and don't forget to get your tickets!

We also need volunteers for the event. If you would like to volunteer, please reach out to Ann. Her email is: <a href="mailto:ann@clearprofitsolutions.com">ann@clearprofitsolutions.com</a>



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#### June's Wise Women Read Meeting

On Tuesday, June 13, at Blue House Books, 5915 6th Ave A, we'll be discussing TWO books: Jeneva Rose's You Shouldn't Have Come Here and A Death in Door County by Annelise Ryan.

You Shouldn't Have Come Here is a psychological thriller that will surprise you and then not let you go! A Death in Door County is, as member Wendy Gauss says, "A Scooby Doo mystery!" It's the story of a Wisconsin bookstore owner and cryptozoologist who are asked to investigate a series of deaths that just might be proof of a fabled lake monster. Can't read two books? That's OK! Pick the one that sounds most interesting and join us on June 13!

On Tuesday, July 11, we'll be discussing Murder Your Employer by Rupert Holmes...(YES! THAT Rupert Holmes... "If you like pina coladas and getting caught in the rain...!" From Rupert Holmes comes a devilish thriller with a killer concept: The McMasters Conservatory for the Applied Arts, a luxurious, clandestine college dedicated to the fine art of murder where earnest students study how to best 'delete' their most deserving victim." R.L. Stine says, "A college with a degree in Homicide? Only Rupert Holmes could make murder laugh-out-loud funny. This book isn't clever - it's fiendishly clever. And the twists and endless surprises make me want to sign up for another semester!

#### June Meeting Topic: "Caregiving for the Elderly"

Margaret Ricchio of the Kenosha County Aging & Disability Resource Center will present on this important topic. Even if you aren't yet in this position, someone you know needs you to share this information!

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In July, Angela Elliott from Habitat for Humanity - Kenosha will talk about programming at Habitat.

And in August, Haleigh Couch from the Kenosha County Aging & Disability Resource Center will present on Fall Prevention.

#### Join Us for Lunch at Casa Capri on Friday, June 9th.

We're looking forward to another great meal and speaker at Casa Capri! The day and time remain the same: second Friday of the month at 11:30 a.m. for networking and noon for lunch. When signing up, please do let us know if you have any dietary restrictions (vegetarian, vegan, gluten-free) so that they can be accommodated.

The cost to attend the meeting is \$18, and lunch is included. Please come early to network – that's when the fun is – and where the "Network" in Kenosha Women's Network comes in!

Remember that 10-second elevator intros will be once per quarter; the next occasion will be at the August meeting. If you bring a guest to any meeting, though, be prepared to introduce her with a 10-second elevator speech! Those elevator speeches are just to give us a hint at what you do...the networking is when you can get into the weeds! And, as always, we will have announcements, which will come AFTER the speaker each month.

Please use this link to register for lunch: https://form.jotform.com/231345889455165



#### THANK YOU TO ALL OUR MEMBERS WHO DONATED TO THE MAY RAFFLE

\*Nan Mellem—Nan Mellem Publishing

\*Darlene Duncan

\*Theresa Van Landuvt

\*Darleen Scuglik-Dar's Hearts

\*Peggy Gallo-Tax Services

\* Dee Miller-Diamond Flooring

\*Holly Miller—Stories of a Lifetime

Make a donation (valued at \$10 or more) to our monthly raffle and get your name and business mentioned in our monthly newsletter!

# Kenosha Women's Network

#### Shout out to Jodie Needham Fitness from Fran Kavenik!

Frances Kavenik has been working with Jodie one-on-one for a few weeks now, and Frances says, "I am finding it helpful and, dare I say, fun. Jodie has a fitness center in her (finished) basement, so no need to find a gym or pay an extra fee, or change clothes, or whatever. She tailors the half hour session to your particular needs, and the cost is manageable. (Sessions can also be shared with someone else or a group.) Whether it be training, nutrition counceling, or any kind of rebalancing, Jodie will do it. Just Ask."

Way to go, Jodie, and thanks, Frances, for letting us know about Jodie's offerings!



Eight past presidents came to the May meeting. Each of them spoke for a couple of minutes about their tenure as President of KWN. If you missed them watch the <a href="video">video</a> on the web site.



Wise Women don't just read, they go to the movies! KWN's book club members and friends went to see (what else?) The Book Club!



KWN members: We want to put you in the spotlight! Share with us, in 50-60 words, something about your business or your experience as a member of KWN. Look for the sign up sheet at the June meeting to get your name on the list!

# We Want to Learn from YOU!

Want to be a speaker at an upcoming luncheon? We'd LOVE to hear from you and learn from your expertise! Email us at <a href="mailto:membership">membership</a> to get on the calendar for 2023!

#### Help Wanted!

Are you Social Media Savvy? KWN Communications committee is looking for help with our Facebook page. Can you spare an hour a month to schedule posts promoting KWN, our Members and their events? Please contact <u>Darleen Scuglik</u> if you are interested.