

KWN Community

A Monthly Newsletter for members of Kenosha Women's Network

March 2023

Kenosha
Women's
Network



Growing Together, Rooted in the Community

A Note from our President

Hello, KWN,

Spring is just around the corner, and that means that life is speeding up! Here comes Expo, then Susan B., Alpaca, and real, true spring - eventually.

This month at lunch we're going to learn to find our calm, and I, for one, realize that I need to be able to do that! Even though I've retired from full-time work I seem to be as busy as ever, and I know that I'm not alone. That's why I invite you to take a moment to smell the flowers, as it were.

We all deserve to have fun, and that's what I think KWN does best. Lunches are delicious, and I get to socialize with a whole bunch of people at once! That may not seem like a perk, but given the fact that we are all so stretched for time, seeing 35+ people in one fell swoop with little agenda except enjoying lunch and learning a bit is a huge win for me each month. I hope you feel the same!

But, if you want to be more engaged with KWN, we have opportunities for that, too! Don't hesitate to ask any board member how you can get more active...we have regular committee opportunities, ad hoc committee opportunities, and even a board opening if you're so inclined! And if you're not, that's OK, too. Just have fun! That's the best outcome we can hope for!

See you at lunch!

Guida



Our Mission:

To promote and encourage the professional and personal growth of our members in a supportive environment, where women's efforts are recognized and encouraged.

March meeting

KWN's March meeting will be held on Friday, March 10th, 2023 at [Casa Capri](#)
2129 Birch Rd, Kenosha
11:30am -1:00pm

The cost to attend the meeting is \$18 and includes lunch.

Lunch will be a two entrée buffet plus salad and a side.

[Click here](#) to buy your ticket.

RSVP by end-of-day on March 7th.

The link is also on the website.

KWN on Facebook

Are you following the KWN Facebook Page @kenoshawomensnetwork.org? If not, you're missing:

- Awards and celebrations about YOU, our members!
- Events your business is holding or is involved with.
- Fun happenings in and around Kenosha.

We love to share ideas, news and tips for our members and about our members-but we have to know that you have something that you'd like us to share. Please help us by tagging @kenoshawomensnetwork.org so we can pass your news on through our feed!

Using Jotform

We have found that using Jotform for registrations, particularly when there is a fee, works beautifully for the KWN's volunteer board. We also know that a couple people have had problems registering. If you have a problem or question, please set up a time with Guida when you can walk through the process while on the phone together. In this way we'll be able to figure out the hiccups and get you registered!

Remember that every time you register using Jotform, you get a receipt emailed to you immediately. If you don't get that receipt, you're not registered.



Board Members and Committee Chairs

President:

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Vice-President:

Darlene Duncan

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Membership:

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Immediate Past President

Roseann Shales

roshales89@gmail.com

We Want to Learn from YOU!

Want to be a speaker at an upcoming luncheon? We'd LOVE to hear from you and learn from your expertise! Email us at membership to get on the calendar for 2023!

March's Wise Women Read Book Discussion: *Circe* by Madeline Miller

Circe was chosen to discuss on Tuesday, March 14, at 6:30 p.m. at Blue House Books, 5915 6th Ave A, because March is Women's History Month! From Miller's website: "*In the house of Helios, god of the sun and mightiest of the Titans, a daughter is born. But Circe is a strange child--not powerful, like her father, nor viciously alluring like her mother. Turning to the world of mortals for companionship, she discovers that she does possess power--the power of witchcraft, which can transform rivals into monsters and menace the gods themselves. [...]*"

"With unforgettably vivid characters, mesmerizing language and page-turning suspense, *Circe* is a triumph of storytelling, an intoxicating epic of family rivalry, palace intrigue, love and loss, as well as a celebration of indomitable female strength in a man's world."

The book for discussion on April 11 is *Madwoman* by Louisa Treger, which is based on a true story about the world's first female investigative journalist, Nellie Bly. From Blue House Books website (<https://www.blue-house-books.com/>):

"An extraordinary portrait of a woman ahead of her time, *Madwoman* is the story of a quest for the truth that changed the world.

"*In 1887, [...] down to her last dime and desperate to prove her worth, she comes up with a dangerous plan: to fake insanity and have herself committed to the asylum on Blackwell's Island. There, she will work undercover to expose the asylum's wretched conditions. But when the asylum door swings shut behind her, she finds herself in a place of horrors, governed by a cruelty she could never have imagined.*"

We hope you'll join us for Wise Women Read...members agree, it's one of the best nights of the month!

March Meeting Topic: Finding Your Calm - *Thank You, Body*

This month, KWN member Shawna Neal, MA, LMT, and owner of Giving Back Wellness, will lead us in an experiential exercise that we can all participate in according to each person's own comfort level!

Giving Back Wellness™ began when Shawna formed Radiant Path in 2005, providing Myofascial Release therapy as well as workshops in the community. Shawna's life journey led her to learn many additional healing theories beyond Radiant Path's original scope. Giving Back Wellness was born in 2022, renaming Radiant Path to reflect this time of new beginnings and expansion more clearly and to focus on the mission to provide inspiration, resources, and opportunities for you to *Live Your Best Life* through healing and wellness.

Shawna's new creation, *Thank You, Body* card deck, is a tool to help you deal with life easier - connecting your mind, body, and spirit to find your own center.

Join Us for Lunch at Casa Capri on Friday, March 10

We're looking forward to another great meal and speaker at Casa Capri in March! The day and time remain the same: second Friday of the month at 11:30 a.m. for networking and noon for lunch. When signing up, please do let us know if you have any dietary restrictions (vegetarian, vegan, gluten-free) so that they can be accommodated.

The cost to attend the meeting is \$18, and lunch is included. Please come early to network - that's when the fun is - and where the "Network" in Kenosha Women's Network comes in!

Elevator intros will be once per quarter. That means you have until May to hone your 10-second elevator speech.

If you bring a guest to any meeting, though, be prepared to introduce her with a 10-second elevator speech!

Those elevator speeches are just to give us a hint at what you do...the networking is when you can get into the weeds! And, as always, we will have announcements, which will come AFTER the speaker each month.

Please use this link to register for lunch: <https://form.ijotform.com/230567228021146>

THANK YOU TO ALL OUR MEMBERS, WHO DONATED TO THE FEBRUARY RAFFLE

*Joanna Carlberg—Joanna's Digital Images *Darleen Scuglik—Dars Hearts *Peggy Gallo—Tax Preparation

*Jennie Tunkieicz *Darlene Duncan *Dr Diane Gerlach—Aurora *Deb Strecker—GFWC Woman's Club of Kenosha

*Mary Modder—SE WI Labor Times *Roseann Shales—Imaginative Consulting *Joanne Horner—Promptings

Make a donation (valued at \$10 or more) to our monthly raffle and get your name and business mentioned in our monthly newsletter!

Mark Your Calendar NOW: Alpaca

We're going to a Paint Party, on Thursday, April 27, 5 – 7:45 p.m.

Enjoy painting and party fun at Alpaca Arts, 4326 7th Avenue, Kenosha, a woman-owned business that carries ready-to-paint items! BONUS! We get the place to ourselves for fun!

Attendees will pick, paint, and pay for their own item. We'd love to have you and your friends there, too! No need to be a KWN member to attend!



RSVP by Monday, April 24, by contacting Cathy Savaglio at Cathy.Savaglio@snmc.com or on Jotform: <https://form.jotform.com/230186197713156>

Volunteer for the Chamber's Expo!

We need a few more volunteers to cover the Kenosha Women's Network booth at Expo, which is on Saturday and Sunday, March 11 and 12. The 2023 Kenosha Expo Health & Home Show at the UW-Parkside Fieldhouse provides an opportunity to meet the many businesses and organizations that make the Kenosha Area Chamber of Commerce such a strong association.

The link to volunteer for the KWN booth is here: [Googledoc signup](#)

If you want to volunteer but can't use this link, feel free to email membership@kenoshawomensnetwork.org to be added to the list. We'd like two-person coverage, so we still have all two-hour shifts currently available on both days: 10 a.m. to noon; noon to 2 p.m.; and 2 p.m. to 4 p.m.

We Want to See Your Beautiful Face!

Please be sure to submit a head and shoulders photo for our website so that we appear to have an engaged membership...because we do! If you don't have a photo, ask Joanna Carlberg to take one at the luncheon meeting. She'll make sure you glow!

Sign up here: [Gallery headshot](#)

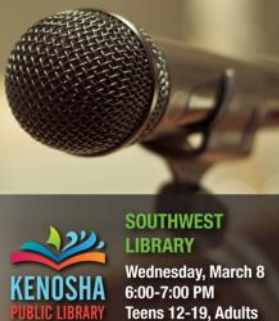
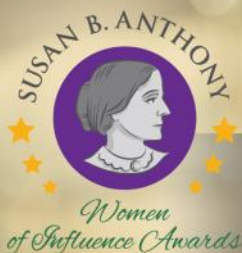
Upcoming Meetings

The Membership Committee is excited to let you know the topics of our next two meetings. In April the President of the Kenosha Woman's Club, Kathy Rudy-Herr, will be telling us about the building that is the Woman's Club, formerly the Hale-Farr House in Kenosha, which the Woman's Club acquired in 1923 – 100 years ago!

Then, in May we're bringing back KWN's past presidents! This will be an opportunity to show them how KWN has grown and to honor their service to the organization. We'll also get the chance to listen to what they've been up to lately! Mark your calendar now to join us!

International Women's Day: Kenosha's Women Of Influence

In honor of International Women's Day, join us in welcoming the 2022 Winners of the Susan B. Anthony - Women of Influence Awards. Our guest speakers will include committee members and previous award winners. Learn about the history and impact it has had in Kenosha County and how you can attend this year's award ceremony to celebrate our 2023 winners!



SOUTHWEST LIBRARY
KENOSHA PUBLIC LIBRARY
Wednesday, March 8
6:00-7:00 PM
Teens 12-19, Adults

GOURMET DELIGHTS ANNOUNCEMENT:

For the past few years at the Susan B. Anthony Awards Banquet (this year on Friday, March 24, 2023), we have used Gourmet Delights as a fundraiser in our silent auction. Members of the three collaborating organizations, Kenosha Women's Network, AAUW-Kenosha Branch, and Tempo Kenosha, sign up in advance to bring grandma's (or grandpa's) favorite treats to the event. From pies, cakes, cookies, fudge and other candies to dilly beans and homemade chutney—all will appeal to the people who attend, especially if they are decoratively presented. Last year, we raised over \$1,000 from the Silent Auction alone, helping to fund our scholarships and grants.

In order to help us plan ahead, please sign up in advance if you'd like to donate an item. The event begins at 5:00 p.m. for the cash bar, so any time after 3:30 on March 24th we'll be happy to receive your contribution at the Arena in the Sports and Activity Center at UW-Parkside. Please include the following information when you sign up:

- Your name, email address & phone number

- The name of the item(s) and any "history" you'd like to share

- The value of the item(s) and what you think the minimum bid should be

- Send it to KWN member, Fran Kavenik via email at Kavenik@uwp.edu, or you can phone me at home 262-654-7470.

- Thank you in advance for contributing to this stellar event!